# Interview: Amy Ita, Women's Ministry Team

# How long have you been involved in Women's Ministry at Harmony? Why do you love it?

This is my 6th year. I joined the Women's Ministry Team in May of 2014 and am so thankful for this opportunity to serve! I love the other women on this committee and their commitment to meeting needs of women in our surrounding communities. Also, I enjoy planning upcoming events that will encourage and serve women of all ages.

#### What others ministries have you been involved in?

I serve as a Discussion Group Leader at MOPS on Friday mornings during the school year. This is such a FUN role where I am able to help facilitate discussion and connect with other moms. We encourage one another, brainstorm ideas and best practices and get to share our hearts and be vulnerable with one another. My husband, Brock, and I along with another couple lead a Bible Study in Danville. We meet weekly to study a variety of topics. The deep friendships that have been formed over the past several months as we grow and learn more about Christ and about ourselves has literally been life changing and I look forward to this EVERY week!

## Tell us about your "of's" (wife of, mother of, member of, employee of)?

Wife of- Brock Ita for the last 6 years! He is the man of my dreams and I love that he follows hard after Christ and challenges me in my faith. I am blessed to call my husband my best friend and am thankful for all the laughing we do together now and Lord willing, for many years to come! :)

Mother of- 2 energetic, good-tempered, and just plain FUN boys! Reed (3 years old) and Tyson (16 months)

I am a Physical Therapist and truly enjoy helping people recover from injuries and pain to be able to maximize their quality of life. I work part time and the rest of my days are spent at home with my boys!

## Tell us about your favorites: book, movie, food, drink, Bible verse /character?

I LOVE to read books, but don't have the opportunity to do it as often as I would like. The last book I read was "The Fault in our Stars"; it was fairly predictable but I enjoyed the author's dry humor. It's a pretty quick read and I got to do it while on vacation; one of my favorite and most relaxing things to do when I have down time. Favorite movie....I have a LOT varying between romance and action movies- The Rock, any of the Bourne movies, Armageddon, The Blind Side, The Notebook, Sweet Home Alabama, I could go on and on...

Favorite Drink: strawberry lemonade on a hot summer day:)

Favorite Bible Verse(s): Isaiah 61:1-3

The Spirit of the Sovereign Lord is on me, because the Lord has anointed me to

proclaim good news to the poor. He has sent me to bind up the brokenhearted, to proclaim freedom for the captives and release from darkness for the prisoners, to proclaim the year of the Lord's favor and the day of vengeance of our God, to comfort all who mourn, and provide for those who grieve in Zion- to bestow on them a crown of beauty instead of ashes, the oil of joy instead of mourning, and a garment of praise instead of a spirit of despair. They will be called oaks of righteousness, a planting of the Lord for the display of his splendor.